



- Safe and effective workouts with inspiring results
- Sessions at the gym or at home to suit your lifestyle
- Realistic and honest goals achieved

Tel: **01189 644865**



BRADFIELD COLLEGE SPORTS COMPLEX

BERKSHIRE'S MOST WELCOMING HEALTH AND FITNESS CLUB

SWIMMING POOL

Term time pool availability September 2011 - June 2012



BEAUTY TREATMENTS

CLINIC TIMES AS FOLLOWS

Mon	10.00am - 2.00pm	Christine
Tues	9.00am - 4.00pm	Carole
Wed	6.00pm - 9.00pm	Christine
Thurs	11.00am - 5.00pm	Carole
Fri	6.00pm - 9.00pm	Christine
Sat	9.00am - 4.00pm	Christine

Tel: **01189 644600**

	6 am	7 am	8 am	9 am	10 am	11 am	12 am	1 pm	2 pm	3 pm	4 pm	5 pm	6 pm	7 pm	8 pm	9 pm	10 pm	
Mon		Early Riser 7.00 - 9.00		n/a Feb/Mar Sept - Jan April - July			n/a Jan/Feb Sept - Dec Mar - July		Family Splash 12.45 - 2.00							Aqua Aerobics 8.15 - 9.00		Adults Only 9.00 - 10.00
Tues		Early Riser 7.00 - 9.00		Early Riser 9.00 - 10.00					Adults Only 12.45 - 2.00				Family Splash 6.00 - 8.00		Adults Only 8.00 - 9.00			
Wed		Early Riser 6.30 - 9.00					Family Splash 12.00 - 12.45		Family Splash 12.45 - 2.00						Adults Only 8.15 - 10.00			
Thur		Early Riser 6.30 - 9.00 6.30 - 8.30 Jan/Feb							Adults Only 12.45 - 2.00				Family Splash 6.00 - 8.00		Adults Only 8.00 - 9.00			
Fri		Early Riser* 7.00 - 9.00		n/a Jan - Mar Sept - Dec Apr - July			n/a Sept - Dec Jan - July		Family Splash 12.45 - 2.00				Family Splash 6.00 - 8.00		Adults Only 8.00 - 9.00			
Sat			JSL 8.40 - 9.40		Family Splash 9.45 - 2.00								Family Splash 6.00 - 8.00					
Sun		Junior Swimming Lessons 8.00 - 10.30			Family Splash 10.45 - 2.30							Junior Swimming Lessons 3.45 - 6.15		Family Splash 6.30 - 8.00		Adults Only 8.00 - 9.00		

Bradfield College Sports Complex
Bradfield, Reading, Berks RG7 6BZ

Telephone: 01189 644600

Email: sportscomplex@bradfieldcollege.org.uk

www.bradfieldenterprises.co.uk

Key to Pool Availability

The above swimming sessions are all available to members as an inclusive part of their membership package.

Classes in *italics* are not included within membership packages and are available for enrolees only.

Specific timetables will operate throughout each of the Bradfield College holiday periods, including half term breaks.

indicates bonus time available for duration of this timetable only.

* indicates occasional lane allocation for A Level students.



BRADFIELD COLLEGE ENTERPRISES

EXCELLENT FACILITIES AND HELPFUL SERVICE IN A MEMORABLE SETTING

- Idyllic venue for wedding receptions and ceremonies
- Inspiring setting for meetings, conferences and training
- Impressive banqueting and entertaining for 50 to 500

www.bradfieldenterprises.co.uk 01189 644 570 enterprises@bradfieldcollege.org.uk



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BRADFIELD COLLEGE SPORTS COMPLEX

BERKSHIRE'S MOST WELCOMING HEALTH AND FITNESS CLUB

FITNESS GYM

Term time gym availability September 2011 - June 2012



BEAUTY TREATMENTS

CLINIC TIMES AS FOLLOWS

Mon	10.00am - 2.00pm	Christine
Tues	9.00am - 4.00pm	Carole
Wed	6.00pm - 9.00pm	Christine
Thurs	11.00am - 5.00pm	Carole
Fri	6.00pm - 9.00pm	Christine
Sat	9.00am - 4.00pm	Christine

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	6 am	7 am	8 am	9 am	10 am	11 am	12 am	1 pm	2 pm	3 pm	4 pm	5 pm	6 pm	7 pm	8 pm	9 pm	10 pm	
Mon		7.00 - 9.00		N/A Sept/Oct Available Nov - Jun		10.45 - 12.45		12.45 - 2.00					6.00 - 10.15					
Tues		7.00 - 9.00		9.00 - 12.45						12.45 - 2.00				6.00 - 9.00				
Wed		6.30 - 9.00		9.00 - 10.00		N/A Sept - Dec Available Jan - Jun			12.45 - 2.00				6.00 - 10.15					
Thur		6.30 - 9.00		9.00 - 11.00			N/A Sept - Dec Available Jan - Jun		12.45 - 2.00					6.00 - 9.00				
Fri		7.00 - 9.00		N/A Sept - Dec Available Jan - Jun		10.45 - 12.45		12.45 - 2.00			Available 1 Nov 2011 - 19 Feb 2012		6.00 - 9.00					
Sat		8.00 - 2.00																
Sun		8.00 - 2.00																



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Key to Gym Availability

Members' Core availability

Bonus availability for duration of timetable or as specified

Not available to members

The above sessions marked as Members' Core Availability are our standard gym opening times. The Bonus Availability indicated is guaranteed from September 2011 - June 2012. Whenever possible we will endeavour to provide similar bonus sessions in future years, subject to confirmation in July. **THERE WILL BE NO CHANGING FACILITIES WITHIN THE SPORTS COMPLEX DURING THESE BONUS SESSIONS.** We will provide full availability, in accordance with our normal opening hours, throughout each of the Bradfield College holiday periods, including half term breaks.

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